# **ABOUT THE MÁS**

The Mobility Activation Station (MÁS) was created out of a desire to revolutionize the neurorecovery world and provide an adaptable exercise machine for all injuries and diagnoses.

The MÁS allows individuals to stand, exercise and walk using 100% of their body weight. With no harness strings and no treadmill necessary, they are free to move over the ground as nature intended.

> MOVE STAND WALK

Know of a clinic that could use a MÁS? Reach out today and find out how to get one in a facility near you!

Ask about our referral program and free demo to get started.



### **CONTACT US**

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MORE IS POSSIBLE



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### CONOR D., SCI C5

The MÁS has definitely helped my recovery in many ways. This is the only machine out there

where I can fully weight-bear and walk without using any sort of harness. From this, I have regained more circulation, bone density, sensation and motor connections to my lower extremities. While using the MÁS, I also have the ability to stand fully weight-bearing and exercising upper body and core which challenges my entire body to work together and get nerves firing again. There is no machine out there like the MÁS.

#### DANIELLE S., SCI T7

I've been coming to ARC for about two years now. I've developed a lot of core strength because of the MÁS. I can lift weights above my head while standing, which I thought I couldn't do. I was not able to stand until I found the MÁS. I love coming here because I can push my body in ways that I didn't think I could and it's because of the MÁS that I can.

#### DANNY G., SCI T11-T12

The MÁS has been a vital tool to my overall health and recovery. It's given me a sense of freedom as I am able to stand freely and take steps bearing my own weight. With its versatility I am able to do a plethora of other exercises such as weight lifting and boxing. I always look forward to using the MÁS when I visit ARC.

